



New Year, New You!

Here are 10 easy, convenient
and economical resolutions
and solutions to help make
2015 the best year yet.



1. Lose weight and get fit

Year-round, Tempe offers hundreds of reasonably-priced and convenient health and fitness classes designed to help your family and you get fit.

Check out *Learn to Run: 5K to Marathon*, *Group Personal Fitness Training* and *Zumba Gold®* to get you moving.

2. Have fun without breaking the bank

Tempe offers hundreds of budget-friendly events and activities throughout the year. Be sure to join us at the Movies in the Park free family movie series in May and October, Free Art Fridays, Family Storytimes, Wild Wednesdays, Family Bingo Nights, PlayDay and the Annual Family Halloween Carnival. Details for all of these events can be found at www.Tempe.gov/FamilyActivities.



3. Spend more time with loved ones

Plan to devote more time to having fun and making memories with your family in 2015. Experience Tempe's parent/child programs by visiting a *Drop-In Storytime* with your little bookworm, trying a *Musikgarten©* class with

your young mover and shaker, or attending an *Archery* class with your teen. Take a *Moonlight Kayak* ride for a relaxing evening with that special someone, or visit one of Tempe's Multi-Generational Centers to learn about exciting opportunities available for adults 50+. Tempe has such a large variety of activities, you're sure to find a class or program that fits your family's interests!

4. Get organized

Check out this issue of Tempe Opportunities for information about Tempe's Zero Waste Challenge where Tempe Residents can bring in almost any item for recycling including books, shoes, electronics and more! You can also get rid of old paperwork by bringing it in for secure, confidential document shredding.



5. Enjoy life more

Pack a picnic lunch or reserve a ramada for a family or corporate gathering at a Tempe park! Tempe's 48 parks are strategically located so that there is one park within approximately one mile

of every resident. Take advantage of all the natural surroundings and authentically-local environments that Tempe has to offer!

6. Give up a bad habit

They say it takes 21 repetitions to turn an action into a habit, but we all know it takes a lot longer to kick it! Make a commitment, track your progress, enlist the support of a friend or family member and find alternatives to replace the bad habit (see resolution #7). Giving up a habit isn't always easy, so be patient and reward yourself when you make progress.

Learn something new

With programs for toddlers, youth, teens, adults, adults 50+ and a variety of adapted recreation leagues and programs, look no further than this issue of Tempe Opportunities to learn a new hobby, sport or skill. Some of new or returning programs include the *Storybook Chef* classes for Tots, *Learn to Play Tennis* for Youth, *Ceramics* for Teens, *Spanish* for Adults, *Martial Arts* for the family and *Senior Techs* for Adults 50+. You can learn multiple things in the New Year, so why choose just one?



8. Help others

Gather your friends and neighbors and Adopt-A-Park, Path or Street. Connect with a special-needs athlete by becoming a bowling buddy through Tempe's Adapted Recreation Buddy Bowling League. Whatever you choose to devote your time to, there's no better feeling than helping others and giving back to your community.



9. Be more eco-friendly

Participate in the 6th Annual Arbor Day 5K on April 24 and help replenish Tempe's urban forest. All of the proceeds go to the Trees for Tempe program. Find out more at www.ArborDay5K.com.

10. Reduce stress

Do you have some extra stress now that the holidays are over? Whether you'd like to attend an event, fitness class, or even a counseling session, Tempe has something for everyone interested in winding down after the holiday season. Our new *Holistic Health and Wellness* workshops provide a comprehensive approach to nutrition and health, whether you're looking for ultimate relaxation or an overall healthier you.

www.Tempe.gov/Brochure

480-350-5200

Activities For Families

Pitching in for Tempe



Adopt-A-
STREET



Adopt-A-
PARK



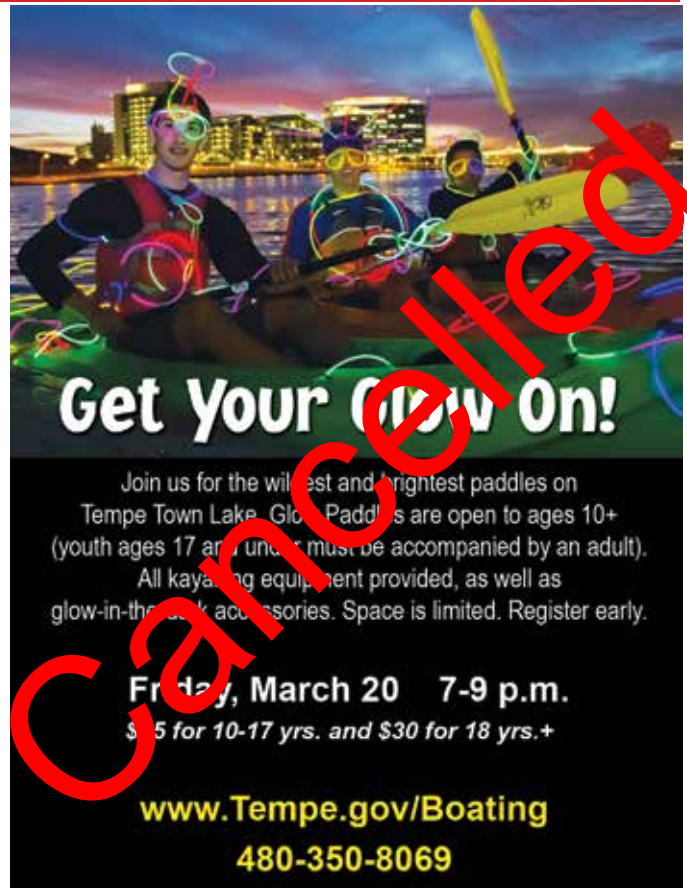
Adopt-A-
PATH



Adopt-A-
ALLEY

To adopt a street, path, park or alley call
480-350-4311 or visit www.tempe.gov/adopt.

Applications are accepted year-round.

Get Your Glow On!

Join us for the wildest and brightest paddles on Tempe Town Lake. Glow Paddles are open to ages 10+ (youth ages 17 and under must be accompanied by an adult). All kayaking equipment provided, as well as glow-in-the-dark accessories. Space is limited. Register early.

Friday, March 20 7-9 p.m.
\$5 for 10-17 yrs. and \$30 for 18 yrs.+

www.Tempe.gov/Boating
480-350-8069

Walk-in Wednesdays

*Open Mic Night
with Host Walt Richardson*

Food & beverage specials • Musicians & Poets welcome

6-10 p.m., Wednesdays

January - May

Sign up: 5:45 p.m.

5-6 p.m., Youth

(high school & younger)

Sign up: 4:45 p.m.



Photo by Michael Ging



700 W. Rio Salado Parkway

480-350-2880

www.tempe.gov/TCAOpenMic



This family-friendly event gives you the opportunity to create art, learn about music and movement and have a great time! Program features different art projects each month that explore various themes. It is not necessary to register for these free, leisurely mornings of activities; light refreshments included. Each event takes place at the

Edna Vihel Activities Center
3340 S. Rural Road 480-350-5287

Jan. 16	Frozen	9:30-11:30 a.m.
Feb. 20	Mardi Gras	9:30-11:30 a.m.
March 20	Meet the Masters	9:30-11:30 a.m.
April 17	Dinosaurs	9:30-11:30 a.m.
May 15	Out of this World	9:30-11:30 a.m.

For more information, contact the Edna Vihel Center front office at 480-350-5287, or visit www.Tempe.gov/FamilyActivities.

Activities For Families

Tempe Town Lake **BOATING**

**Youth Boating • Adult Boating
Team Building • Special Events**



480-350-8069
www.tempe.gov/boating



Japhy's Descent

December 13 at 7 p.m.

Japhy's Descent is a Tempe band that believes they are here to burn as bright as possible, be a beacon to others and not be afraid to pour every ounce of energy into something they love.



Tempe History Museum
480-350-5100 809 E. Southern Ave.
www.tempe.gov/museum
www.facebook.com/tempehistorymuseum



City of Tempe

**KID
ZONE**

480-350-5400



Before & After School Enrichment Program

- Aligned with School District's Curriculum -
- S.T.E.M. (Science, Technology, Engineering & Math) Activities -
- Daily Homework Club -
- Sports, Cooking, Fine Arts & more included -
- DHS Licensed & DES Certified -

Preschool Program at Getz School

- Quality Care at Affordable Prices and Flexible Schedules -
- Low Staff to Child Ratios -
- Follow AZ Dept. of Education Learning Standards -
- Specialty Classes Included -
- DHS Licensed & NAC Accredited -



www.Tempe.gov/KidZone



**Have your next
party with us!**

Check out

Kiwanis Recreation Center

www.Tempe.gov/Kiwanis **480-350-5201**

or

Edna Vihel Activities Center

www.Tempe.gov/Vihel **480-350-5287**

Activities For Families

**Dive
into a
rewarding
job...**

**Be a
Lifeguard!**

**Make money.
Have fun.
Help others.**

**For more information call
480-350-5201**

**or visit
www.Tempe.gov/jobs or
www.Tempe.gov/Lifeguard**



**When it comes to sports,
we've got you covered!**

Tempe offers quality sports programs for
Elementary and Middle School age youth.

Programs are offered year-round at
convenient times and locations.



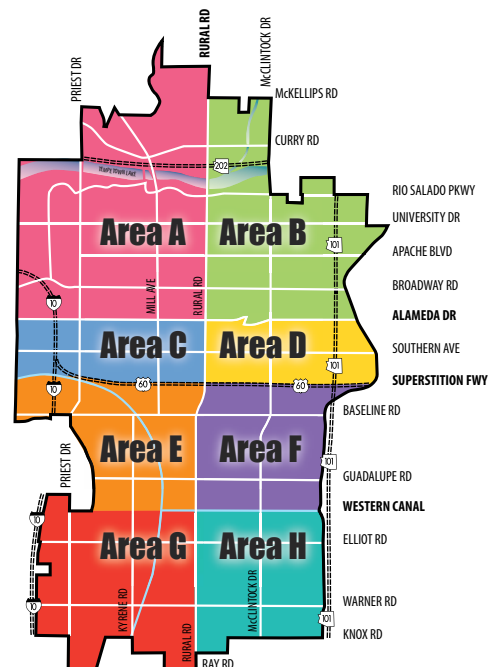
www.tempe.gov/brochure 480.350.5200

	Collection Week	Collection Type		Collection Week	Collection Type
Area A	FEB 2-6	BULK	Area E	JAN 5-9	BULK
	APR 6-10	BULK GREEN		MAR 2-6	BULK GREEN
	JUN 1-5	BULK		MAY 4-8	BULK
	AUG 3-7	BULK GREEN		JUL 6-10	BULK GREEN
	OCT 5-9	BULK GREEN		SEP 7-11	BULK GREEN
	DEC 7-11	BULK		NOV 2-6	BULK
Area B	FEB 9-13	BULK	Area F	JAN 12-16	BULK
	APR 13-17	BULK GREEN		MAR 9-13	BULK GREEN
	JUN 8-12	BULK		MAY 11-15	BULK
	AUG 10-14	BULK GREEN		JUL 13-17	BULK GREEN
	OCT 12-16	BULK GREEN		SEP 14-18	BULK GREEN
Area C	DEC 14-18	BULK	Area G	NOV 9-13	BULK
	FEB 16-20	BULK		JAN 19-23	BULK
	APR 20-24	BULK GREEN		MAR 16-20	BULK GREEN
	JUN 15-19	BULK		MAY 18-22	BULK
	AUG 17-21	BULK GREEN		JUL 20-24	BULK GREEN
Area D	OCT 19-23	BULK GREEN	Area H	SEP 21-25	BULK GREEN
	DEC 21-24	BULK		NOV 16-20	BULK
	FEB 23-27	BULK		JAN 26-30	BULK
	APR 27-MAY 1	BULK GREEN		MAR 23-27	BULK GREEN
	JUN 22-26	BULK		MAY 25-29	BULK
	AUG 24-28	BULK GREEN		JUL 27-31	BULK GREEN
	OCT 26-30	BULK GREEN		SEP 28-OCT 2	BULK GREEN
	DEC 28-31	BULK		NOV 23-27	BULK

For more information, visit www.tempe.gov/slashthetrash

Items may be placed for collection no earlier than 10 days prior to Monday of your collection week and no later than 6 a.m. on Monday of your collection week.

2015 Mixed Bulk & Green Organics Collection Schedule



PUBLIC WORKS DEPARTMENT

Activities For Families

Create art in a friendly, relaxed environment

ART
after work
Tempe Center for the Arts

\$35 includes materials,
professional instruction,
take-home painting and
food & beverage ticket
6-8:30 p.m.



Jan. 14, Feb. 18, March 25, April 29 & May 13

**Gather friends and co-workers
and unwind
from the workday
at the beautiful**



Gallery at Tempe Center for the Arts
www.tempe.gov/ArtAfterWork ~ 480-350-2880
online registration only



FRIDAY
APRIL 24 2015

at
Kiwanis Park

5K RUN/WALK
1-Mile KIDS' RUN
Starts at 6 pm

Race proceeds benefit the Trees for Tempe program. By participating in the 5K you can help reconstruct Tempe's urban forest.

MORE: ARBORDAY5K.COM



Saturday
Feb. 28

10 a.m. - 2 p.m.
Kiwanis Park
Mill Ave. & All-America Way



Free
community event
with recreational
activities for the
whole family!

www.Tempe.gov/FamilyActivities or call 480.350.5200

Diablo Dash

at PlayDay



Saturday, Feb. 28
10 a.m. - 2 p.m.



Family-Friendly Obstacle Course

Free Admission



www.Tempe.gov/PlayDay
480.350.5200

Books & BINGO



Nov. 22 - March 1

Tempe Youth Library

Pick up a Books & Bingo game board at the Tempe Youth Library. Complete 5 literacy activities on a game board to get a BINGO and earn a prize. Complete the remaining activities on the board and receive a free book.

**www.tempe.gov/library
480-350-5802**

The flights are booked.
Swimsuits are packed.



Swimming with Santa

**Saturday, Dec. 27 & Sunday, Dec. 28
from 1 - 5 p.m.**

1 - 3 p.m. visit with Santa and Mrs. Claus,
3 - 5 p.m. waves continue
at the Kiwanis Recreation Center

www.tempe.gov/sws 480.350.5201

Escalante's Annual Sweethearts Dance

Friday, Feb. 13 * 6 - 8 p.m.
Escalante Community Center

Bring your entire family, friends, and/or significant other to this entertaining night of music, dance, food, games, and raffle prizes. Admission wristbands may be purchased on the night of the event, or can be *pre-purchased starting Monday, Feb. 9th at the Escalante Community Center.

*Pre-purchase offer is non-refundable and ends on 2/13 by Noon



Tempe
Comedy
Concert Series

Tempe's newest comedy series brings the best professional Valley comics to the stage.

7:30 p.m., Fridays and some Saturdays

Tickets start at \$15

Use Promo Code: TONY for \$2 off

Enjoy live music and free appetizers from 5 to 7 p.m.



TCAC Tempe Center for the Arts

www.tempe.gov/TCACComedy
700 W. Rio Salado Parkway

Activities For Families



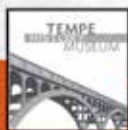
Christmas with Pick and Holler



December 5 at 7 p.m.

Come and go as you please to this free show as Pick and Holler plays old time Appalachian music between 7 and 9 p.m. Also visit Santa and his helpers outside and the arts and crafts and karaoke elves next door at the Vihel Center.

Tempe History Museum
480-350-5100 809 E. Southern Ave.
www.tempe.gov/museum
www.facebook.com/tempehistorymuseum



Danish Christmas at the Petersen House Museum

December Weekends

Sat. Dec. 6, 13 and 20 from 10 a.m. - 4 p.m.
Sun. Dec. 7, 14 and 21 from 1 - 4 p.m.

The Petersen House Museum will be filled with Danish Christmas decorations and traditions. Don't miss this rare opportunity to visit the Petersen House and see it at its holiday best.



Free Admission
Donations Accepted

TEMPE
HISTORY
MUSEUM

480-350-5100
1414 W. Southern Ave.
www.tempe.gov/museum

finally FRIDAY

Fine Art. Fine food. Fabulous view.



Featuring

Outstanding sunset views
Free appetizers ~ Live music
5-7 p.m. Fridays in the TCA Lounge



Tempe Center for the Arts

700 W. Rio Salado Parkway

TEMPE COMMUNITY WRITING CONTEST

Submit entries between

January 15 - February 15, 2015



Tempe Public Library



College of Letters and Sciences

Writing Programs in the Department of English,
College of Liberal Arts and Sciences

We invite submissions in:

Poetry, Fiction, Nonfiction

From:
High School Students, Adults,
College Students
(undergraduate & graduate)

Open to all Tempe residents,
Tempe Library Cardholders
and ASU students

For details visit:

www.tempe.gov/writingcontest



Golf Tempe

Rolling Hills Golf Course

A wide-angle photograph of a golf course under a clear blue sky. The foreground shows a green fairway with a sand trap on the left. A line of mature trees runs across the middle ground. In the background, a range of mountains is visible. The text 'Ken McDonald Golf Course' is overlaid at the top in a white, sans-serif font. At the bottom, the URL 'tempe.gov/golf' is displayed in a large, bold, white font. On the right side, there is a circular logo for the City of Tempe, featuring a stylized 'T' and the words 'CITY OF TEMPE' and '1920'.

Ken McDonald Golf Course

tempe.gov/golf

CITY OF TEMPE
1920

Symphony
Orchestra

Founded 1974



Winter Concert Feb. 16

Concerts start at 7:30 p.m.
Doors open at 6:30 p.m.

Concerts are free, general admission seating
Tickets are required
and are available at the door



www.tempe.gov/TempeSymphony ~ 480-350-2TCA (2822)

700 W. Rio Salado Parkway



Experience
at



Saturday, Feb. 28
10 a.m. - 2 p.m.



**NORTH
TEMPE
MULTI-
GENERATIONAL
CENTER**

Family Bingo Nights

Bring your family and friends. Prizes and a snack concession stand will be available.

Admission is free! Phone registration
required for each family.

6 - 7:30 p.m.

Friday, Dec. 19

Friday, Feb. 27

480-858-6500

1555 N. Bridalwreath St. Tempe, AZ 85281